

## National guidelines - Canada

In order to comply with national requirements, we are implementing the following further precautionary measures:

Travel	Canada still has travel restrictions in place. Most people cannot travel to Canada even if they have a valid visitor visa, some exceptions apply to essential travellers (Mariners and Offshore Oil & Gas workers were deemed essential).
Quarantine	There is a mandatory 14-day quarantine for any traveller returning from outside of Canada or within provincial borders. The place of quarantine must be stated at port of entry and individual cases are followed up by the Royal Canadian Mounted Police and can result in fines if individuals are not following quarantine regulations. Some exceptions can apply to essential workers.  Any individual that has come in contact with a COVID-19 positive case or
	anyone showing signs of COVID-19 must self-quarantine for 14 days.
Social distancing	Individuals are required to maintain 2m (6ft) for social distancing. This is stated in the Federal <i>Quarantine Act</i> . Failure to comply can result in fines up to \$7,500. Social gatherings are limited to 10.
	Training:  Reduced class sizes  X's placed on floor in practical exercise areas every 6ft to ensure social distance is achieved  Limited interaction with delegates (with online courses, if applicable)
Food hygiene	N/A for Canada. We do not have a canteen.
Class sizes	student per table in classrooms     students at a time in transportation vehicles
Restrictions on	- No visitors (besides essential contractors, staff and delegates)
courses/	- All students will fill out a questionnaire and get temperature checked
methodology/ equipment	daily (a temperature over 38 will not be able to complete training) - Staff get temperature checked upon arrival
Cleaning of	- Following all manufacture guidelines with regards to COVID-19
equipment	<ul> <li>Sanitization of facility and transportation vehicles happening daily</li> <li>Zoono (a virucide, bactericide and fungicide) was sprayed in all facilities</li> </ul>
Other national	Transport Canada has deemed Offshore Oil & Gas workers essential
specific	however, before flying offshore, the workers are required to quarantine for 14
guidelines	days (typically in a hotel) and have longer hitches offshore (4-5 weeks).