

National guidelines – Trinidad & Tobago

In order to comply with national requirements, we are implementing the following further
precautionary measures:

Travel	No employees or delegates must enter RelyOn Nutec facilities returning
	within two (2) weeks from affected areas defined by Trinidad and Tobago
	Ministry of National Security
Quarantine	Requirement for quarantine; any employee/ delegate:
	1. Who has been in contact with someone who has recently travelled to
	Trinidad & Tobago from any country
	2. Who has been in contact with someone who is suspected of having
	COVID-19 (as determined by a health care professional)
	3. Who has been in contact with someone who has tested positive for
	COVID-19
	4. Who has been in contact with persons who have been placed in
	quarantine by authorities
	5. Who have signs and symptoms of COVID-19
	Action:
	The relevant employee/ delegate must also be quarantined from RelyOn
	Nutec locations for a minimum of two weeks OR the same period of
	quarantine with respect to item 4
Social	We are complying with the national guidance:
distancing	 Staying six (6) feet away from others
_	Maximum number of people gathering as five
Food hygiene	Thoroughly cook meat & eggs
Class sizes	Compliance with current Social Distancing requirements
	Reduced to four (4) persons
	Adapt practical exercises to meet six (6) feet metres social distance
	and five (5) persons per group (including staff)
	Presently pursuing options to offer digital/virtual theoretical sessions
Restrictions on	Delegates do not perform CPR on manikin; only instructor for
courses/	demonstration purposes – OPITO mandate
methodology/	All training (both theoretical and practical) are designed to
equipment	accommodate six (6) feet social distancing.
Cleaning of	1
_	 Following manufacturers guidelines
equipment	Following manufacturers guidelinesComplying with the national guidelines, regularly sanitise commonly
equipment	
equipment	Complying with the national guidelines, regularly sanitise commonly
equipment	 Complying with the national guidelines, regularly sanitise commonly touched surfaces:
equipment	 Complying with the national guidelines, regularly sanitise commonly touched surfaces: Table tops
equipment Other national	 Complying with the national guidelines, regularly sanitise commonly touched surfaces: Table tops Door knobs
	 Complying with the national guidelines, regularly sanitise commonly touched surfaces: Table tops Door knobs Handrails