
	National Guidelines – USA (Texas)		
	Responsible Jenni Lewis	Document No RONQP-1392028199-39973	
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National guidelines – United States of America (Texas)

In order to comply with national requirements we are implementing the following further precautionary measures:

Travel	No employees or delegates must enter RelyOn Nutec-Houston facilities for 14 days upon return who currently have/ previously had any Corona-like symptoms within the last 48 hours or the individual is aware that they have had any contact with a person infected or suspected to be infected with Coronavirus.
Quarantine	No employee, delegate, or contractor with known close contact to a person who is lab confirmed to have COVID-19 is allowed entry to the facility until the end of the 14-day self-quarantine period from the last date of exposure. Employees or delegates with new or worsening signs or symptoms cannot return to the facility until: <ul style="list-style-type: none"> • In the case of an employee or contractor who was diagnosed with COVID-19, the individual may return when all three of the following criteria are met: at least 3 days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and the individual has improvement in symptoms (e.g., cough, shortness of breath); and at least 10 days have passed since symptoms first appeared; or • If the employee or contractor has symptoms that could be COVID-19 and wants to return to work before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.
Social distancing	We are complying with the state guidance on keeping social distance to the extent possible between employees and public. Masks are recommended to be worn if more than a 6-foot distance is maintained and required if less than 6-foot distance occurs.
Food hygiene	Served is prepared at a restaurant and brought in separate containers to the facility.
Class sizes	Classes are at maximum occupancy per classroom. Masks are recommended to be worn if more than a 6-foot distance is maintained and required if less than 6-foot distance occurs. Alternatively we may provide theoretical teaching through webinars for selected courses.
Restrictions on courses/ methodology/ equipment	First Aid practical courses are met by video demonstration and chest compressions. No mouth to mouth will be conducted and the mannequin used shall be sanitized between each use. In-water exercises that require close contact have been modified to maintain social distancing to the extent possible while achieving learning outcomes.
Cleaning of equipment	We are complying with the national guidelines and the guidelines from the manufacture to ensure all equipment is properly sanitized and free of pathogens.
Other national specific guidelines	We are complying with the national guidance on maintaining social distance and the state's reopening to maximum occupancy. Sanitization and hand cleaning products are readily available to both employees and delegates. Masks can be worn during theoretical and any non in-water practical, should the employee/ delegate choose to do so, provided it does not interfere with their ability to perform demonstrations/ occupational tasks.

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Potential Exposure	If an individual who has been to our facilities is symptomatic, believes they may have come in contact with an infected person, or test positive to have COVID-19, the Director will coordinate with Facility Managers and Sales department to notify all personnel of the potential exposure incident. This includes anyone who may have been exposed up to 48 hours prior to the individual showing any signs or symptoms.
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